

# LUNCH MENU

Week of the 04/05/2026



This week's country:



	Veggie MONDAY	Tuesday	Indian Day	thursday Roast Day	Friday Fish Day
STARTER	Salad Bar Selection				
SOUP	Homemade Soup				
BREAD	Freshly Home Baked Bread (daily)				
INTERNATIONAL & TRADITIONAL	Cauliflower Cheese Gratin	Chillie con-Carne	Chicken Curry	Roast Gammon & apple	Breaded Cod Fillet
VEGETARIAN	Chick Peas & coconut Stew	Broccoli cheese Quiche	Aloo Saag Onions Bhaji's	Mushrooms Stroganoff	Vegan chick peas sweet potato Gratin
ON THE SIDE	Pasta Carrot garlic herbs	Bulgur Mix Vegetables	Jeera Rice Bonbay vegetables	Roasted Parisienne Potato legume du Jour sauteed	Garden Peas French Fries
CHEESE/FRUITS	Continental Cheese, or Yoghurt and Fresh Fruits (daily)				
DESERT	Apricot Jam Cake	Mix Fruit Cake	Carrot Halwa	chocolate Cake	Vegan fresh fruit Jelly