



Week Commencing 30.09.2019

	Monday	PASTA Tuesday	JAPANESE Wednesday	Thursday	Friday
Soup of the Day	Spinach & Sweet corn		MISO SOUP		Leek & Potato
Starter	A wide selection of homemade salads are available from the Salad'Bar				
Bread	Freshly Home Baked Bread daily				
International	Baked Fish Filet & Lemon Sauce	Sautéed Chicken	SHOGAYAKI PORK	Roast Chicken Leg	Fish & Chips
Traditional	Spicy Beef	BBQ Roast Bacon	TERIYAKI FISH	Sautéed Beef & Black Pepper	Roasted Pork Sausage
Vegetarian	Savoy Cabbage Casserole	Home made Vegetable Burger	Tempura Vegetables	Butternut Squash Gratin	Spinach & Mushroom Cake
On the Side	Spicy Couscous Butter Beans	Pasta Green Vegetables	White Rice Sautéed vegetables	Spicy Bulgur Glazed Carrots	Chips Green Peas
Cheeseboard	A selection of Continental Cheeses				
Dessert	Crème caramel	Apple & Lemon Cake	COCONUT RICE	Pear & Chocolate Cake	Fruit jelly
Yoghurt & Fruit	A selection of Homemade Yoghurt, dessert pots and Fruits pots , plus Whole Seasonal Fresh Fruits				