



LUNCH MENU

Week Commencing **14.10.2019**

	Monday	PASTA Tuesday	BRAZILIAN Wednesday	Thursday	Friday
Soup of the Day	<i>Courgette & Cream</i>		<i>Black Bean Soup</i>		<i>Classic Tomato</i>
Starter Bread	<i>A wide selection of homemade salads are available from the Salad'Bar</i>				
	<i>Freshly Home Baked Bread daily</i>				
International	<i>Orientale Diced Beef Stew</i>	<i>Classic beef Bolognese</i>	<i>Chicken In Coconut Milk</i>	<i>Beef Sausage & curry Sauce</i>	<i>Fish & Chips</i>
Traditional	<i>Pork Chop & Mustard Sauce</i>	<i>Classic Carbonara</i>	<i>Moqueca Baiana (fish)</i>	<i>Diced Pork Stew</i>	<i>Roast Turkey in Gravy</i>
Vegetarian	<i>Vegetable Beignet</i>	<i>Classic Arabiata</i>	<i>Vegetarian Feijoada</i>	<i>Mushroom Cake</i>	<i>Vegan Chausson</i>
On the Side	<i>Couscous Green Beans & Garlic</i>	<i>Pasta Roast Vegetables</i>	<i>White Rice Repolho Roxo Refogado</i>	<i>Lentils Steamed Carrots</i>	<i>Chips & Green Peas</i>
Cheeseboard	<i>A selection of Continental Cheeses</i>				
Dessert	<i>Mousse Aux Agrumes</i>	<i>Pear & Vanilla Cake</i>	<i>Apple & coconut Compote</i>	<i>Ginger & Banana Cake</i>	<i>Fruit Jelly</i>
Yoghurt & Fruit	<i>A selection of Homemade Yoghurt, dessert pots and Fruits pots , plus Whole Seasonal Fresh Fruit</i>				