



Week Commencing 27.01.2020

_	Monday	PASTA Tuesday	SOUTH AFRICA Wednesday	Thursday	Friday
Soup of the Day	Sweet Potato & coco		MEALIE SOUP		Watercress & Curry
Starter	A wide selection of homemade salads are available from the Salad'Bar				
Bread	Freshly Home Baked Bread daily				
International	Diced Beef Stew	White Fish Marmite	Mince Lamb Bobotie	Croque-Monsieur	MAC & CHEESE
Traditional	Roast Turkey & Diablo Sauce	Mince Pork & Herbs	Kalya e Khass (fish curry)	Beef Stew	Dice Pork Casserole
Vegetarian	Courgette Chausson	Tomato Aubergine Tart	South African Veg Curry	Mushroom Cake	Vegan Spring Rolls
On the Side	lentils & Green Beans	Couscous Roast Courgettes & Curry	Yellow Rice South Beach Cauliflower	Pilaf Pasta Steamed Carrots	PASTA Green Peas
Cheeseboard	A selection of Continental Cheeses				
Dessert	Red Fruits Mousse	Apricot Cake	MALVA PUDDING	Mint & Banana Cake	Fruit Jelly
Yoghurt & Fruit	A selection of Homemade Yoghurt, dessert pots and Fruits pots , plus Whole Seasonal Fresh Fruit				